



Southcoast Weight Loss Center

Bariatric Surgery vs. Medical Weight Management

	Metabolic /Bariatric Surgery	Medical Weight Management
Overview/ Health benefits	The most effective and long- lasting treatment for severe obesity. It can result in significant weight loss and improvements of many related diseases including type two diabetes, heart disease, hypertension and sleep apnea.	Lifestyle modifications when combined with medications used for long-term weight management lead to weight loss and increased likelihood of meaningful weight loss outcomes and improve overall health.
Age	18 years old or older	13 years old or older
BMI	Body Mass Index greater than 40, or greater than 35 with comorbidities (e.g., diabetes, high blood pressure, OSA)	Body Mass Index greater than 30 or greater than 27 with comorbidities (e.g., diabetes, high blood pressure, high cholesterol etc.)
Team Approach	A dedicated team of expert surgeons, registered dietitians, behavioral health practitioners and advanced practice providers will provide support and coach through lifestyle modifications every step of the way.	Specially trained team of obesity medicine physicians, registered dietitians, advanced practice providers and behavior health practitioners will provide support and coach through lifestyle modifications every step of the way.
Treatment	Minimally Invasive Surgical Options <ul style="list-style-type: none"> • Laparoscopic Roux En Y Gastric Bypass • Robotic Roux En Y Gastric Bypass • Laparoscopic Sleeve Gastrectomy • Robotic Sleeve Gastrectomy 	Personalized Weight Management Programs <ul style="list-style-type: none"> • Personalized nutrition programs • Lifestyle modifications that incorporate real and whole foods • Weight loss medications to complement structured nutrition and physical activity plans
Weight Loss	At one year post op, patients may lose up to 77% of their excess weight and on average at five years maintain 50% of their excess weight loss.	Medications along with lifestyle modifications may result in weight loss from 5-20% of their initial weight. Results with the use of medications may vary.
Physicians	Dr. Jorge Huaco, Dr. Donald Colacchio, Dr. Rachel Cimaomo, Dr. Patrick Fei, Dr. John Mills, Dr. Danilo Decio	Dr. Jessica Inwood, Dr. Purva Agarwal, Dr. Jacqueline Cotton, Dr. Michelle McKenney
Locations	Wareham, Fall River, Dartmouth, and Hyannis MA	Wareham, Fall River, and Hyannis MA
Support	Lifelong follow up and free support groups.	Ongoing treatment and free online support groups.