

Know Where to Go for Your Medical Care



If you are in a life-threatening or emergency medical situation, go to your nearest Emergency Room as soon as possible or call 911.

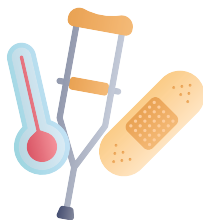


Primary Care

Call your PCP office first for non-emergency care and our nurse triage team will assist you with obtaining the care you need. Your Primary Care Provider (PCP) is your home base for preventative care, illnesses, injuries, and chronic conditions:

- Preventative services and routine checkups (annual wellness visit/physical, immunizations, cancer screenings, laboratory tests)
- Illnesses (cold, flu, infections, etc.)
- Minor injuries (sprains, back or joint pain, cuts, etc.)
- Other issues (skin problems, allergies, etc.)
- Chronic conditions (diabetes, high blood pressure, asthma, arthritis, etc.)
- Mental health (anxiety, depression, providing support and referrals to mental health specialists as needed, etc.)
- Referral to medical and surgical specialists

southcoast.org/doctors

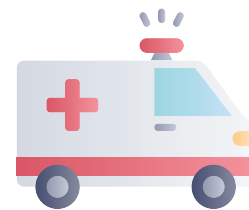


Urgent Care

For medical care that is quick and reliable when your PCP is unavailable, turn to Southcoast Urgent Care to treat:

- Fever without a rash
- Allergies
- Skin conditions or burns
- Animal bites
- Non-life threatening allergic reactions
- Ear pain
- Painful urination
- Persistent diarrhea
- Sore throat, cold, flu
- Vomiting
- Minor trauma, sprains, shallow cuts, contusions, or broken bones

southcoast.org/urgentcare



Emergency Department

Go to an emergency department or call 911 for conditions such as:

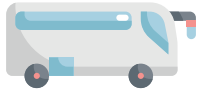
- Shortness of breath
- Chest pain
- Change in level of consciousness or mental state/dizziness
- Thoughts of hurting yourself or others
- Difficulty speaking, seeing, or loss of vision
- Numbness/weakness in face or arms/legs
- Blood in urine, stool, vomit, or coughing blood
- Poisoning or overdose
- Serious wounds or injuries (uncontrollable bleeding)
- Severe pain (head, neck, or abdominal)
- Severe allergic reactions
- Active labor
(call your OBG/YN office prior to arrival at the ER)
- Anything your provider indicates may be an emergency

southcoast.org/emergency-services

How to Get to Your Medical Care



If you are in a life-threatening or emergency medical situation, go to your nearest Emergency Room as soon as possible or call 911.



Primary Care

Primary Care

- Please call for an appointment
- Walk or drive to your primary care provider's office using a private car, bus, taxi, or chair car service that may be available to you
- If you need transportation to a follow-up visit due to a recent hospital stay, please contact 774-510-0014 at least 48 hours before the appointment to request transportation assistance



Urgent Care

Urgent Care / Transitional Care Clinic

- No appointment necessary but you can save your spot online southcoast.org/urgentcare
- Walk or drive to your nearest urgent care center using a private car, bus, taxi or chair car service that may be available to you
- If you are scheduled for a Transitional Care Clinic follow-up visit due to a recent hospital stay and need transportation assistance, please contact 774-510-0014 at least 48 hours before the appointment



Emergency Department

Emergency Department

- No appointment necessary
- If you are in a life-threatening or emergency medical situation, call 911 and go to your nearest emergency room as soon as possible.
- Examples of serious conditions include:
 - New or worsening pain in head, neck, chest, abdomen, back, or arms/legs
 - New or worsening shortness of breath
 - Change in level of consciousness or mental state
 - Thoughts of hurting yourself or others
 - Difficult speaking or seeing
 - Numbness/weakness in face or arms/legs
 - Blood in urine, stool, vomit, or coughing blood
 - Poisoning or overdose
 - Serious wounds or injuries, uncontrolled bleeding
 - Any problem you think may be an immediate threat to your life or health
 - Anything your provider indicates may be an emergency

Cancer Center

Cancer Center

- For a current patient of the Southcoast Health Cancer Care in need of transportation assistance to get to the cancer urgent care clinic, call the below numbers:
 - Fairhaven – 508-973-3000, Press 1
 - Fall River – 508-973-7888, Press 1

Transportation Resources

Transportation Resources

- Visit Southcoast.auntbertha.com, enter your zip code and click **search**. Next, select **transit**, and then **transportation for healthcare**. A list of other ride services near you (if any) will display