

# Southcoast Health Breastfeeding Resources

Breastfeeding groups listed below are for pregnant and breastfeeding moms and are staffed by Southcoast Health lactation consultants. Everyone is welcome, dads, siblings, family and friends.

## Breastfeeding Help for After Discharge

Lactation counselors and consultants are on staff at each hospital and will answer your questions and schedule an appointment:

**Charlton Memorial Hospital** (508) 973-MILK  
**St. Luke's Hospital** (508) 997-MILK

### **babycafé**

#### **Tuesdays**

10:30am-12:30pm

Southcoast Health  
300B Faunce Corner Road  
Dartmouth

### **babycafé**

#### **Wednesdays**

10:30am-12:30pm

People Incorporated  
4 South Main Street  
Fall River

*Enter at 21 Bedford St.  
Ring Buzzer for Group Room 1*

*Park at 60 Bedford St. prior to Mechanics  
Bank or use metered spots on the street*

### **babycafé**

#### **Fridays**

10:30am-12:30pm

Southcoast Health  
New Beginnings Moms Do Care  
543 North St. Suite D  
New Bedford

*Building located behind Sunoco*

# Community Breastfeeding Resources\*

## Nursing Mother's Council

**617-244-5102**

## Welcome Family Program

Fall River

508-679-5233

New Bedford

508-728-8644

## Women, Infants and Children (WIC) Nutrition Programs

Fall River

508-679-9349

New Bedford

508-997-1500

Plymouth

508-747-4933

Other locations

800-WIC-1007 or [mass.gov](http://mass.gov) and search WIC locations

## Zip Milk *(Find resources in your area)*

**[zipmilk.org](http://zipmilk.org)**

## Massachusetts Breastfeeding Coalition

**[massbfc.org](http://massbfc.org)**

## The Cape & Islands Breastfeeding Warm Line

**508-888-7794**

## Baby and Beyond

**[gnbchc.org/Upcoming-Events](http://gnbchc.org/Upcoming-Events)**

*every Thursday 11:30 – 1:30pm (English, Spanish, Portuguese)*

*New Bedford Community Health Auditorium, 874 Purchase Street, New Bedford MA.*

*\*Southcoast is providing this list as a resource only. Southcoast is making no referrals or recommendations by providing this list. Southcoast is not affiliated with any of the listed contacts. If you have a medical or health-care related questions or concern, please contact your health care provider.*

