

Patient Information Summary

Dosing and Refills:

1. Call your pharmacy for refills first. Ensure they have the medication in stock.
2. Consider local pharmacies, such as Southcoast retail pharmacy, which may have better availability.
3. You can go up to 2 weeks without your current dose; beyond that, a visit is required to adjust medications.

Appointment Requirements:

4. Office visits are required every 90 days for medication continuation.
5. Refills will only be issued for 1 month if you miss an appointment.
6. Reschedule missed appointments as soon as possible.

Scheduling:

7. Appointments are currently booked for up to 3 months. Be sure to call often to inquire about any cancellations.

Medication Changes:

8. Any medication changes require a visit (in-person or telehealth), as insurance requires an office note and current weight.

Why Are There GLP Shortages?

- **High Demand:** Many people are using GLP medications for weight management and diabetes control, leading to increased demand.
- **Manufacturing Issues:** Sometimes, manufacturers face production delays or quality control problems that can limit the supply.
- **Distribution Challenges:** Problems in shipping and distribution can also contribute to shortages.

What Can You Do as a Patient?

- **Plan Ahead:** If you know you need a refill, try to order it early to avoid running out.
- **Stay Engaged:** Attend all scheduled appointments so your doctor can monitor your health and adjust medications as needed.
- **Talk to Your Pharmacy:** Ask your pharmacist for advice on what to do if your medication isn't available.



- **Stay Informed:** Keep up with news from your healthcare team about the availability of GLP medications.
- **Check Multiple Pharmacies:** Call different pharmacies, including smaller or local ones, to see if they have your medication in stock.