

FILLING THE FOOD GAP



WHAT IS THE FOOD GAP?

With the cost of food on the rise, more residents are looking for assistance from food pantries, while pantries are struggling to keep the shelves stocked. **1 in 3 people in Eastern MA are facing food insecurity** due to the Food Gap. Access to healthy options is tougher than ever.

WHAT IS BEING DONE LOCALLY?

United Way of Greater New Bedford and many others are facing the challenge head on and finding new ways to source food, while raising money to purchase healthier options like fresh produce.

HOW YOU CAN HELP:

Southcoast Health & United Way are working together to purchase more fresh produce from Coastal FoodShed in order to keep our neighbors healthy. You can help!



\$5

A \$5 DONATION BUYS

2 lbs of apples



\$25

A \$25 DONATION BUYS

2 lbs each of apples, carrots, and onions
5 ears of corn
5 lbs of potatoes



\$50

A \$50 DONATION BUYS

4 lbs of apples, 2 lbs each of carrots & onions, 5 ears of corn & 1 head of lettuce
5 lbs of potatoes, 1 lb of peaches, and 1 lb of ground beef



\$100

A \$100 DONATION BUYS

4 lbs of apples, 4 lbs of carrots, 2 lbs of onions, 12 ears of corn, 10 lbs of potatoes, 1 head of lettuce, 1 lb of peaches, 2 butternut squash, 1 container of shiitake mushrooms, 1 dozen eggs, 1 lb of pork sausage, and 1 lb of ground beef

**TOGETHER WE CAN
FILL THE FOOD GAP**

**TEXT "FOODGAP" TO 26989
OR SCAN THE QR CODE
TO DONATE TODAY**



Filling the Food Gap is an initiative of



United Way
of Greater New Bedford

