

Why Choose Southcoast VNA?

Southcoast VNA was one of the first home health care agencies in the area to provide telehealth services. Our expert team is here to help you manage your illness in the comfort of your home.



Your VNA Telehealth and Remote Monitoring Team

One call to the Southcoast VNA Customer Care Center can be the first step toward a better quality of life.

800-698-6877

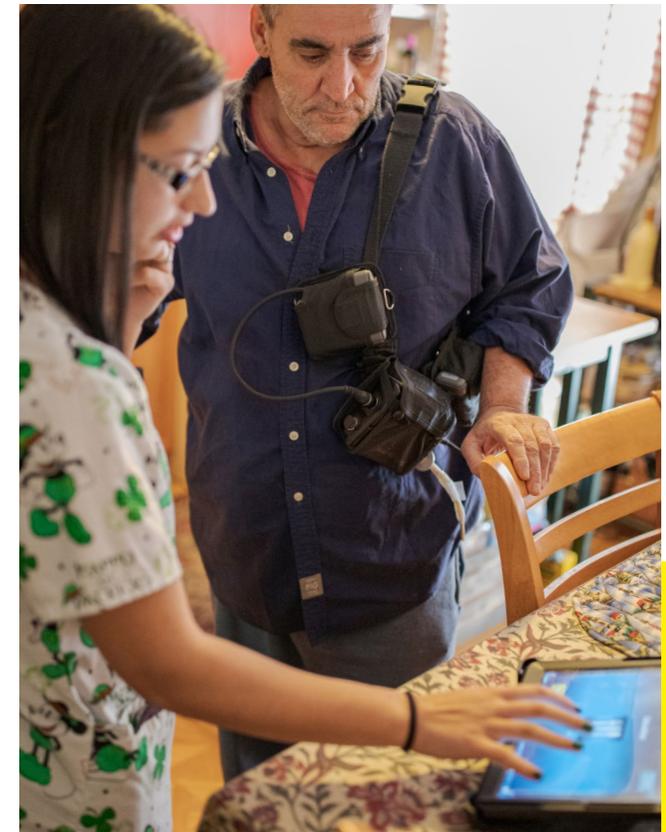
 **Southcoast® Health**

Visiting Nurse Association

200 Mill Road
Fairhaven, MA 02719

southcoast.org/vna

Telehealth and Remote Monitoring Program



 **Southcoast® Health**
Visiting Nurse Association

Your physician has identified you to participate in Southcoast VNA's Telehealth and Remote Patient Monitoring Program. This program will help you in your care and prepare you to live more independently.

Benefits of Telehealth and Remote Monitoring

- Monitors your health status between visits with your VNA nurse.
- Provides personalized videos and quizzes that teach you and your caregiver how to manage your care at home.
- Allows you quick access to your VNA nurse through text messaging, telephone and video calls.

How it works?

Upon arriving home from the hospital, your VNA nurse will introduce you to the Telehealth and Remote Monitoring Program.

You will receive a tablet and monitoring devices (scale, pulse oximeter, blood pressure cuff and thermometer). Your nurse will provide you with detailed instructions and will be able to answer any questions you may have.

Getting connected

Using monitoring equipment provided, you will be asked to record your vital signs each day.

Your vital signs will be visible to your nurse who will review and monitor your health status.

Your nurse may contact you if there are any changes to your health status that may affect your recovery.

You are also able to contact your nurse using your telehealth tablet for any concerns or questions.



Your new daily routine

In addition to recording your vital signs, you will be asked to answer a daily symptom survey that has been specifically designed for your health condition. This will assist your nurse in providing the most appropriate care.

You will also have the ability to access educational videos to help you and your family caregiver better manage your care at home.

Questions?

Contact our Customer Care Center

508-973-3200 Option 1

For emergencies call 911