



Jackie Somerville
PhD, RN, FAAN, NEA-BC



NOTES FROM JACKIE

Dear Nurse Colleagues,

It is that time of year when we think about apple picking, tracing leaves, and the return to school for both children and adults. This year will look a little different. Many students are returning to school virtually or in some combination of virtual and on-site learning. The complexities these changes create impact your families' learning and your own professional growth and personal reflection. As lifelong learners, we are nurses first and leaders in the organization and community second. As learners, we must find new ways to feed our need for knowledge whether through online seminars, virtual conferences, journal articles, or participating in unit level learning and initiatives.

During my rounding throughout the system, I have witnessed the way that you embrace new programs like Trau-

ma and new content like our Maternal Early Warning System (MEWS) and ACLS in our FCUs. Our Fall TIPS (Tailoring Interventions for Patient Safety) is yet another example. As the state of the science evolves, we, as registered nurses, are obligated to stay informed and in step with the changing needs of our patient population. I want to give a "shout out" to our Professional Development Department who during this challenging time have taken innovative approaches to delivering content. Our nurse residency program is a great example. Newly licensed nurses stay connected through the use of Microsoft Teams, an application that allows learners to hear and see each other on a computer screen, learning but also interacting with one another, sharing personal reflections, joys and challenges.

So many of you have lived such profound experiences over these past six months. We think it is important to capture your experiences and learning and share these stories with our South Coast community. We invite you to participate in our call for submissions for the story of Southcoast's *Journey through COVID*. There is information on our Nursing Toolkit page as well as flyers which will be posted across the clinical areas.

I have learned so much from all of you over this past year in terms of your courage and service in the face of uncertainty. You inspire me each and every day. Let's keep learning and growing together as a community of professional nurses.

Thank you for all you do! ~ Jackie

MEET YOUR PEERS: PROFESSIONAL DEVELOPMENT (PD)

This hardworking and innovative team is dedicated to ensuring that our staff is up to date and educated on the latest products, processes, and policies. They have continued to instruct, guide, and collaborate throughout the pandemic through the use of Microsoft Teams, personalized presentations, and social distanced in-person group instruction. Our PD team is comprised of Nurse Educators and Clinical Expert Nurses along with an administrative support team of two. Clinical Expert Nurses are Master's-prepared with their MSN or MBA as well as leadership experience. They are service line leaders whose job is to help standardize care and management across the system, review clinical practice policies and procedures along with project management. Nurse Educators are Bachelor-prepared nurses whose role includes the onboarding

of staff; building curriculum; and supporting educational needs through skills days, classes, huddles, and remediation. As PD nurses, the team has the ability to participate in advanced certifications like BLS/ACLS/PALS instructorship, leadership opportunities, and partner with interdisciplinary workgroups and projects. PD is also involved in product selection and evaluations. The PD nurse often affiliates with higher education institutions as adjunct clinical instructors and coordinating clinical education within Southcoast. The PD team provides education through a variety of programs and training including simulation programs, mock codes, trauma and FCU simulations. They use a variety of teaching tools including Sim Man 3G and Nurse Annie. This year, PD has partnered with Vizient to imple-

ment a new to practice program which helps support new nurses as they transition from student to novice nurse. If you would like to learn more about Professional Development Nursing, you can reach out to a member of the PD team or any of the Professional Development organizations listed below.

NEONE: North Eastern Organization of Nurse Educators

ANPD: Association for Nursing Professional Development

PNEG: Professional Nurse Educators Group

MILESTONES :

> Skin Prevalence Days

- CMH: 9/15
- SLH: 9/17
- TOH: 9/16

> Daisy Award Celebrations: last week of September

> CMH, SLH, and TOH receive Platinum Recognition from the Workplace Partnership for Life for efforts to increase the potential organ, eye, and tissue donors.

> Nursing Toolkit on Southcoast.org: for all things nursing at Southcoast!

JOURNEY THROUGH COVID-19

TELL YOUR STORY

Southcoast Health wants our nurses' stories to be a part of what is honored when we look back on the COVID-19 pandemic.

Share your story, tell us about your experiences:

- Your involvement/role(s)
- Connection with patients and families
- Hope, hopelessness and cope with your most challenging days
- What moments will you remember

We are in awe of your courageous drive and dedication to high-quality patient care. Thank you to all nurses during this historic and challenging time.

We would like to collect your stories and hear your voices!

Use the attached form to tell your story in your own words.

- Please include contact information
- Please include profession (Nurse, Registered Nurse, etc.)
- Check and consented to be in the story

For more information or if you need help writing your experience down, contact Sarah Eby at seby@southcoast.org

VITAL SIGNS

(days since last as of 8/31/2020)

CAUTI	25
CLABSI	52
FALLS	0
FALLS WITH INJURY	16
HAPI	13
SSI	5
Sharps injuries	7 in Aug

Knowledge Nugget:
Here's a great article for your review...

[The FALL TIPS \(Tailoring Interventions for Patient Safety\) Program: A Collaboration to End the Persistent Problem of Patient Falls](#)

(click on article to be directed to link)

CARE CORNER

September is National Yoga Month. Here are a few tips to get you started...

1. Turn off electronics
2. Eat 2-3 hours before you practice
3. Be mindful of your breath – it is the key to successful yoga practice

For more tips and resources: [click the icon below](#)

Taking care of *you*