



**Jackie Somerville**  
PhD, RN, FAAN, NEA-BC

## NOTES FROM JACKIE

### Dear Nurse Colleagues,

Over the next few months, I will focus on the department's three strategic imperatives: *Quality and Safety*, *Patient Connections*, and *Workforce Excellence*. This month I will focus on the Quality and Safety.

We continue to be challenged with patient safety. Falls and falls with injury continue to occur. Assessment of patient risk for falls on an ongoing basis throughout the hospital stay is crucial to designing an individualized plan of care to mitigate that risk. The Fall TIPS program, an evidence based approach with proven success in reducing falls, will be reinvigorated over the next few months. In addition, we will be trialing Curo or alcohol impregnated caps in our ICUs at CMH to aid in the decrease in the number of central line-associated blood stream infections (CLABSIs.) In terms of hospital acquired pressure injuries (HAPIs), our

critical care nurses recently completed a survey regarding their



attitudes and beliefs about pressure injury prevention. We hope to share those results with you soon and use this information to drive process improvement opportunities in this area. Our unit based practice councils are championing much of this work, including strategies to reduce catheter associated urinary tract infections (CAUTIs.) You vigilance and advocacy in getting catheters out as soon as possi-

ble and appropriately truly advance the health of our patients.

We received funding to submit data and participate in the National Database of Nursing Quality Indicators (NDNQI) which will allow us to benchmark at the hospital and unit level our results to similar organizations and learn from others best practices as well as our own. Finally, our Quality Department will be pushing out unit-based scorecards to allow nurses to track occurrences of all of the above measures as our journey to the goal of *zero adverse patient events* continues.

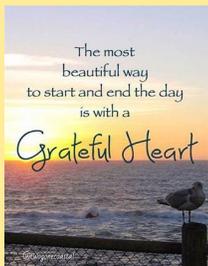
Your practice continues to inspire me and your efforts every day to keep our patients safe and ensure they are receiving the highest quality nursing care are an essential component of our commitment to the communities we serve.

*Thank you for all that you are doing.*

### MILESTONES :

- > **June:** Pride month- check out our Diversity and Inclusion page on the intranet
- > **July:** National UV Awareness month
- > **7/4/2020** Independence Day
- > **7/6/2020** Learning Management System go-live (replaces Torch)
- > **July:** Daisy Award staff education begins
- > **Nursing Toolkit** on the Southcoast.org: one stop shopping for all things nursing at Southcoast! Pswd= Toolkit

We would like to wish Rosemary O'Malley success as she moves forward in her career. We will miss her leadership and partnership with the St. Luke's and Southcoast teams.



One of Rosemary's favorite quotes

### VITAL SIGNS

(days since last as of 6/30/2020)

CAUTI	16
CLABSI	18
FALLS	0
FALLS WITH INJURY	3
HAPI	26
SSI	5
Sharps injuries	1

## MEET YOUR PEERS: UNIT BASED COUNCILS

**I'm just a nurse...** How many of us have said that at one point in our career. These words minimize who you are and what you do. What if you instead said **"I'm a nurse"**. There is power behind this statement. You are a leader, a mentor, and a caregiver. As a nurse on the frontlines of healthcare, you continually look to create more efficient, safer workflows. You are creative and innovative. Unit based councils (UBC) are a way to voice those areas you have determined need change and help to create solutions for that change.

At Southcoast, many nursing units have created UBCs who meet monthly on the unit and quarterly with the system to share their ideas and innovations. During the past

year, these councils have identified numerous opportunities for change and have worked together to create solutions.

Over the next few months, we are asking you all to review our "Vision of Nursing" which can be found on the Intranet ([click here](#)). Our goal is to partner with the UBCs to renew our vision and bring it forward to encompass and speak to our current goals and strategic imperatives (see above.) As the frontline of our Nursing Department, your input is invaluable, you are the "content experts." Take a moment to review the vision created by your peers a decade ago. Share your thoughts and ideas on how to update our vision with your UBCs.



Image designed by Rose Brisson- Manager SK2



## CARE CORNER



"Last month, Tony Ferraiolo spoke to an online audience of Southcoast employees about his experience and struggles with the health providers and discussed misconceptions about the transgender and non-binary communities. [Click here](#) to view the video.

Only when diverse perspectives are included, respected, and valued can we start to get a full picture of the world." ~Brene' Brown

*This month, take a moment to recognize yourself and honor others.*

For more tips and resources: [click the icon below](#)

Taking care of *you*

**Knowledge Nugget:**  
*here's a great article for your review...*

**[Maximizing the Benefit of Quality Improvement Activities: A Spread of Innovations Model](#)**  
*(click on the article title for link)*