Supportive Services Available to the General Public

Interfaith Remembrance Service
This service offers the community the opportunity to honor and celebrate loved ones who have died.

Grieving During the Holidays
This seasonal workshop includes tips and ideas for ways to not only “make it through the holidays” but also to honor your loved one.

Camp Angel Wings (June 27 & 28, 2020)
A day camp bereavement experience for children ages 6 to 15.

Additional Supportive Services available with Hospice

Bereavement Correspondence Program
Periodic supportive mailings, including helpful information on loss and grief and other inspirational materials are sent to family members as a foundational support piece for the bereaved.

Individual Bereavement Support
A trained Bereavement professional is available to meet with family members or friends of a hospice patient who has died to offer support and guidance with the grief process.

For more information visit southcoast.org/supportivecare or call 508-973-3227

Staff
Bereavement programs are led by Southcoast VNA bereavement staff and specially trained volunteers.

Program Costs
Bereavement services are provided at no cost and are supported by donations from individuals and organizations in the community.

To Register
Support is only a phone call away. Contact Southcoast VNA’s Bereavement Manager at 508-973-3227 for more information and to register.

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Bereavement Services in the Community

Grieving is an important emotional process for all those who suffer a loss. Although grief is normal, it can be a distressing and often confusing time in one’s life as it can effect every aspect of a person’s day-to-day life. People express their grief in different ways and according to their own unique time schedules, but no matter how we do it, grieving is an important part of the healing process after experiencing the death of someone who was a major part of our life.

At Southcoast VNA Supportive Care Center, we believe that you need not walk alone through the journey of grief. Our Grief Support Groups and Workshops are wonderful ways to gain peer support and companions along the journey through grief. A variety of support groups and workshops are offered throughout the year and are free and open to the public.

Ongoing Grief Support Groups

**Widow and Widower Grief Support Group**
1st Tuesday of each month  |  5 – 6:30 pm

**General Loss Grief Support Group**
3rd Tuesday of each month  |  5 – 6:30 pm

*Fairhaven Council on Aging*
229 Hurtleston Ave., Fairhaven, MA

**General Loss Grief Support Group**
STARTING May 12, 2020
2nd Tuesday of each month  |  5 – 6:30 pm

*Somerset Library – Shipyard Room*
1464 County St, Somerset, MA

**Widow and Widower Grief Support Group**
2nd Wednesday of each month  |  1 – 2:30 pm

*Mattapoisett Council on Aging*
17 Barstow St, Mattapoisett, MA

**Turning Sadness Around (TSA)**

**Children’s Bereavement Group**
3 Sessions for ages 9 - 12
April 25  /  May 9  /  May 30  |  10 – 11:30am

*Space is limited. Registration required. Call 508-973-3227 to register.*

Southcoast VNA
200 Mill Rd., Fairhaven
(use the Main Entrance in the back of the building)

*Dates effective February 2020
For specific dates visit www.southcoast.org/events/
or call 508-973-3227*