

Some of the services we provide include:

- Referral to MAT programs if needed
- Education on NAS
- Assistance with the development of a plan to care for your baby during the 5-7 day observation period
- Referral to community agencies to help with acquiring infant supplies you may need
- Assistance in developing a plan of safe care for discharge
This plan can be given to DCF (Department of Children and Families) to show your readiness to parent your baby
- Assistance in setting up an appointment with a neonatologist/pediatrician to discuss possible need for medication (about 50% of babies need medication)

Locations

Charlton Memorial Hospital

363 Highland Avenue
Fall River, MA 02720

St. Luke's Hospital

101 Page Street
New Bedford, MA 02740

Tobey Hospital

43 High Street
Wareham, MA 02571

Contacts

Claudette Laffan

Care Coordinator
508-207-7974

Katelyn Caton

Care Coordinator
508-951-1326

Maternity Services New Beginnings

A guide for pregnant women using opioid medications or drugs



More than medicine.



More than medicine.

Welcome to Southcoast Health's New Beginnings Program. We are here to provide you with support, education and resources during your pregnancy and during the postpartum period.

During your pregnancy, your baby was exposed to drugs or medicines which puts them at risk for infant withdrawal. This is also known as Neonatal Abstinence Syndrome (NAS). As a parent, you are key to the health of your newborn. We can provide you with information on how you can be part of your baby's care while you are in the hospital.

We hope to work with you to provide care and comfort for your baby. The primary treatment for your baby is YOU! You are your baby's best medicine!

Please call if you have questions. We look forward to setting an appointment to meet with you!

Learn more about Neonatal Abstinence Syndrome (NAS).

Neonatal Abstinence Syndrome (NAS) is when a baby shows signs of withdrawal from opioid medications taken during pregnancy.

Some of these signs could include:

- Tremors and/or tense muscles
- Fussiness, frequent crying
- Poor feeding
- Poor weight gain
- Vomiting
- Increased sucking
- Diarrhea, diaper rash
- Nasal stuffiness
- Blotchy skin or other skin irritation
- Seizures

Our priority is to keep your baby safe and to minimize the discomfort of withdrawal.



Taking steps now can help you and your baby.

Our staff is here to help you and your baby. Treatment options include comfort measures and medications.

Your doctor or midwife can arrange for you to meet with a newborn doctor (neonatologist) before delivery so you can:

- Learn what to expect after your baby is born.
- Tour the nursery and meet the staff.
- Ask questions.

Your Prenatal Consult Appointment

DATE: _____

TIME: _____

LOCATION:

___ Charlton Memorial Hospital

___ St. Luke's Hospital

___ Tobey Hospital

If you need to change this appointment please call:

Claudette Laffan

Care Coordinator

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